

Idecision Mapping Document

Supporting the new statutory changes to Relationships Education and Health Education



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Introduction

From September 2020, Health Education and Relationships Education became statutory in all schools across the UK.

Following this decision by the DfE, the 1decision team have created a mapping document to support schools. This document looks at how the 1decision resources are mapped against the new statutory framework. Please also refer to our progression route document. Our topics are also mapped to the PSHE programme of study. You can view the '1decision and the PSHE Programme of Study' document in the 'How it Works' tab.

Throughout this document, you will be able to see how the 1 decision programme covers the new statutory requirements. You will find that every area of the new framework has been explored and referenced against our primary school resources.

1 decision provides 17 modules, which are recommended for students in years 1-6. The core of the programme is a series of documentaries and videos with alternative endings, which enable children to explore various topics in a safe, educational environment. The 1 decision videos feature within our collection of over 70 on-screen lesson guides and our workbooks allow students to document their learning and assess their own progress.

To view the full range of topics within each module, please see pages 40-41.

Every school has the right to choose the content which they feel is suitable for their students. This will be dependent on social need, maturity, and their environment. 1decision provides flexible content, which can be used as a standalone resource or alongside additional material, to fulfil the expectations of Health Education and Relationships Education. We look forward to supporting your school with our resources!

Reading this document

Within this document you will find that each of the Dfe requirements are linked to 1 decision topics. These are broken down into 5-8 and 8-11 links and we have also used acronyms for each of the module names please see below.

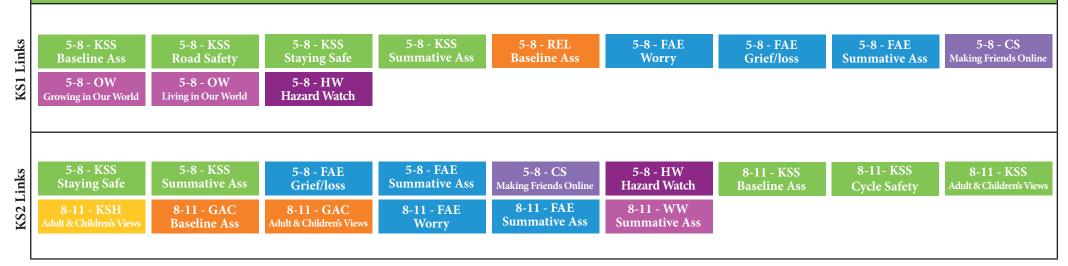
KSS	KSH	REL	GAC	BR	FAE	CS	OW	WW	HW	AWWJ	FS	FA
Keeping/ Staying Safe	Keeping/ Staying Healthy	Relationships	Growing and Changing	Being Responsible	Feelings and Emotions	Computer Safety	Our World	The Working World	Hazard Watch	A World Without Judgement	Fire Safety	First Aid

If you require any further assistance with our resources, please do not hesitate to contact us at: info@1decision.co.uk.

Relationships Education: Key stages 1 and 2 Topic 1: Families and people who care for me

By the end of primary school, pupils should know:

• that families are important for children growing up because they can give love, security and stability



• the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.

Links	5-8 - KSS Baseline Ass	5-8 - KSS Tying Shoelaces	5-8 - KSS Staying Safe	5-8 - KSS Leaning Out of Windows	5-8 - KSS Summative Ass	5-8 - REL Baseline Ass	5-8 - REL Touch	5-8 - BR Baseline Ass	5-8 - BR Water Spillage
KS1 L	5-8 - FAE Worry	5-8 - FAE Grief/loss	5-8 - CS Making Friends Online	5-8 - OW Growing in Our World	5-8 - OW Living in Our World	5-8 - HW Hazard Watch			
S	5-8 - KSS Staying Safe	5-8 - KSS Leaning Out of Windows	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - FAE Grief/loss	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch	8-11- KSS Cycle Safety	8-11 - KSS Adult & Children's Views
2 Links	8-11 - KSH Adult & Children's Views	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Adult & Children's Views	8-11 - GAC Conception	8-11 - BR Baseline Ass	8-11 - BR Coming Home on Time	8-11 - FAE Anger	8-11 - FAE Worry	8-11 - FAE Summative Ass
KS2	8-11 - CS Online Bullying	8-11 - WW Chores at Home	8-11 - WW Enterprise	8-11 - AWWJ Inclusion and Acceptance					

Relationships Education: Key stages 1 and 2 Topic 1: Families and people who care for me

By the end of primary school, pupils should know:

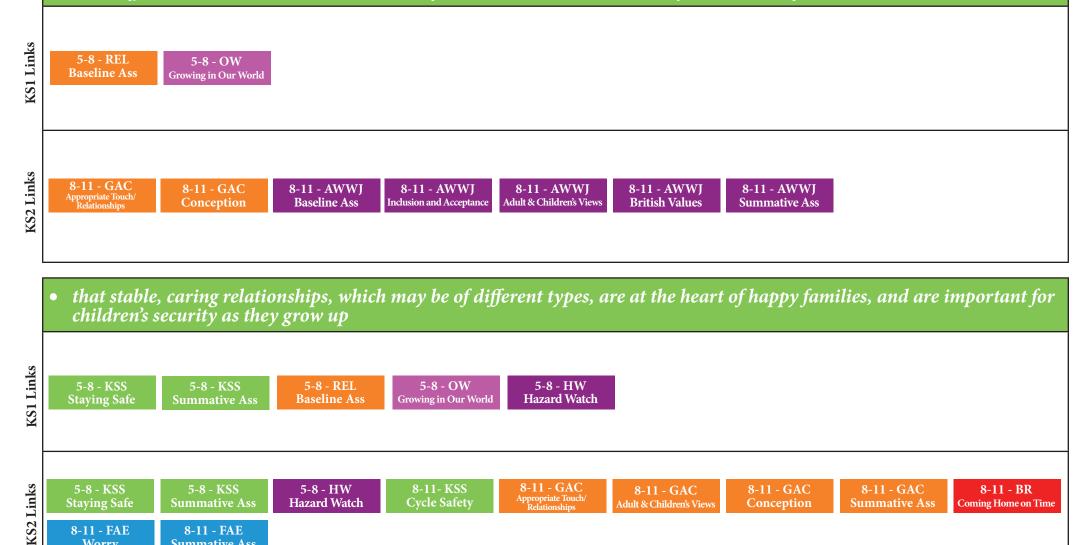
8-11 - FAE

Worrv

8-11 - FAE

Summative Ass

that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect • those differences and know that other children's families are also characterised by love and care for them.



Relationships Education: Key stages 1 and 2 Topic 1: Families and people who care for me



Relationships Education: Key stages 1 and 2 Topic 2: Caring friendships

By the end of primary school, pupils should know:

Touch

8-11 - BR

Looking Out for Others

8-11 - AWWJ

Breaking Down Barriers

Summative Ass

8-11 - BR

Stealing

8-11 - AWWJ

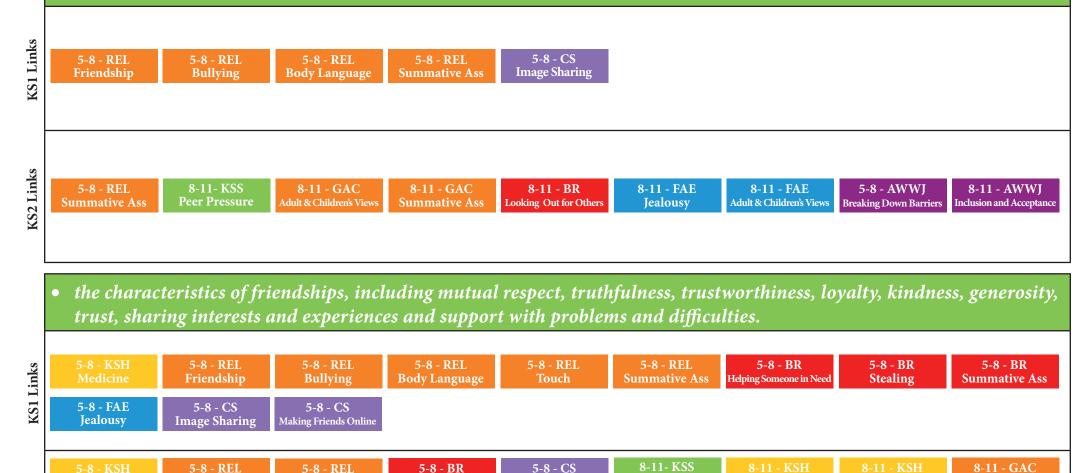
Inclusion and Acceptance

Summative Ass

8-11 - BR

Summative Ass

• how important friendships are in making us feel happy and secure, and how people choose and make friends



Making Friends Online

8-11 - FAE

Baseline Ass

Peer Pressure

8-11 - FAE

Jealousy

8-11 - FAE

Adult & Children's Views

8-11 - CS

Online Bullying

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8-11 - GAC

Summative Ass

8-11 - AWWJ

Baseline Ass

Adult & Children's Views

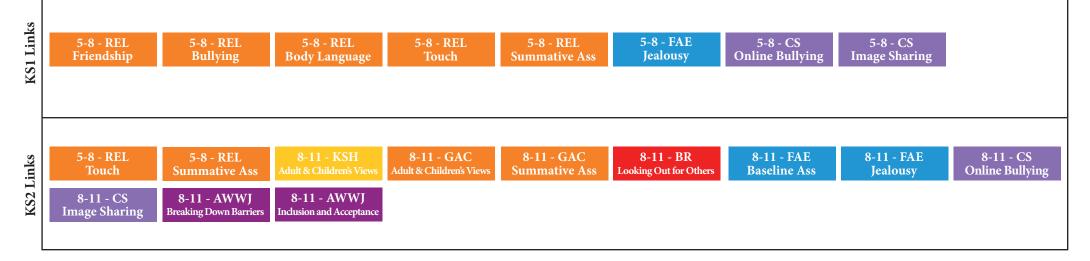
8-11 - CS

Image Sharing

Relationships Education: Key stages 1 and 2 Topic 2: Caring friendships

By the end of primary school, pupils should know:

• that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.



• that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.

KS1 Links	5-8 - REL Friendship	5-8 - REL Body Language	5-8 - REL Summative Ass	5-8 - FAE Jealousy	5-8 - FAE Worry		
KS2 Links	5-8 - REL Summative Ass	8-11 - GAC Summative Ass	8-11 - FAE Jealousy				

Relationships Education: Key stages 1 and 2 Topic 2: Caring friendships

By the end of primary school, pupils should know:

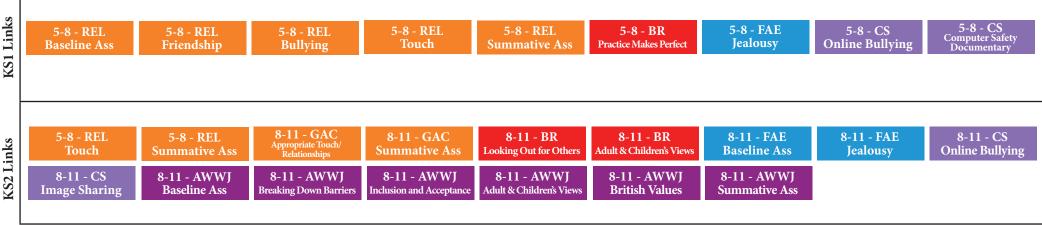
how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

Links	5-8 - KSS	5-8 - KSS	5-8 - KSS	5-8 - KSH	5-8 - REL	5-8 - REL	5-8 - REL	5-8 - REL	5-8 - BR
	Baseline Ass	Staying Safe	Summative Ass	Medicine	Bullying	Body Language	Touch	Summative Ass	Helping Someone in Need
[ISN	5-8 - BR Stealing	5-8 - FAE Jealousy	5-8 - CS Online Bullying	5-8 - CS Making Friends Online					
KS	5-8 - KSS	5-8 - KSS	5-8 - KSH	5-8 - REL	5-8 - REL	5-8 - BR	5-8 - CS	8-11- KSS	8-11- KSS
	Staying Safe	Summative Ass	Medicine	Touch	Summative Ass	Stealing	Making Friends Online	Peer Pressure	Water Safety
KS2 Links	8-11 - KSS	8-11 - KSH	8-11 - GAC	8-11 - BR	8-11 - BR	8-11 - FAE	8-11 - CS	8-11 - CS	8-11 - CS
	Summative Ass	Smoking	Summative Ass	Looking Out for Others	Stealing	Jealousy	Online Bullying	Image Sharing	Making Friends Online
KS	8-11 - CS Summative Ass								

Relationships Education: Key stages 1 and 2 Topic 3: Respectful relationships

By the end of primary school, pupils should know:

the importance of respecting others, even when they are very different from them (for example, physically, in character, • personality or backgrounds), or make different choices or have different preferences or beliefs.



practical steps they can take in a range of different contexts to improve or support respectful relationships.

inks	5-8 - REL Friendship	5-8 - REL Bullying	5-8 - REL Body Language	5-8 - REL Summative Ass	5-8 - BR Water Spillage	5-8 - BR Helping Someone in Need	5-8 - BR Stealing	5-8 - BR Summative Ass	5-8 - FAE Jealousy
KS1 I	5-8 - FAE Anger	5-8 - CS Online Bullying	5-8 - CS Computer Safety Documentary	5-8 - OW Living in Our World					
S	5-8 - REL Summative Ass	5-8 - BR Stealing	5-8 - BR Summative Ass	8-11- KSS Peer Pressure	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Adult & Children's Views	8-11 - GAC Summative Ass	8-11 - BR Baseline Ass	8-11 - BR Coming Home on Time
\$2 Links	8-11 - BR Looking Out for Others	8-11 - BR Adult & Children's Views	8-11 - BR Stealing	8-11 - BR Summative Ass	8-11 - FAE Baseline Ass	8-11 - FAE Jealousy	8-11 - FAE Anger	8-11 - CS Image Sharing	8-11 - WW Summative Ass
KS2	8-11 - AWWJ	8-11 - AWWJ	8-11 - AWWJ	8-11 - AWWJ Adult & Children's Views	8-11 - AWWJ British Values	8-11 - AWWJ Summative Ass			

Relationships Education: Key stages 1 and 2 Topic 3: Respectful relationships



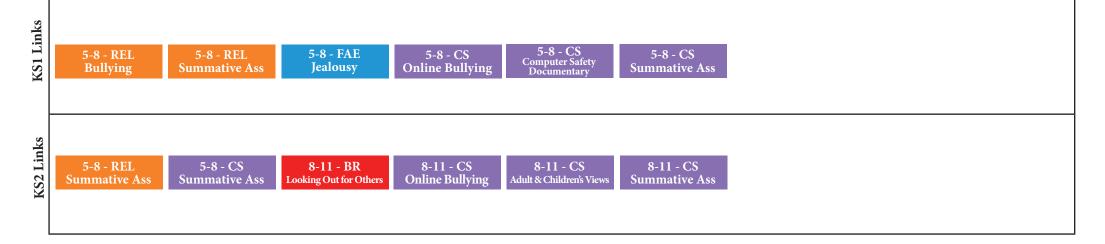
Relationships Education: Key stages 1 and 2 Topic 3: Respectful relationships

By the end of primary school, pupils should know:

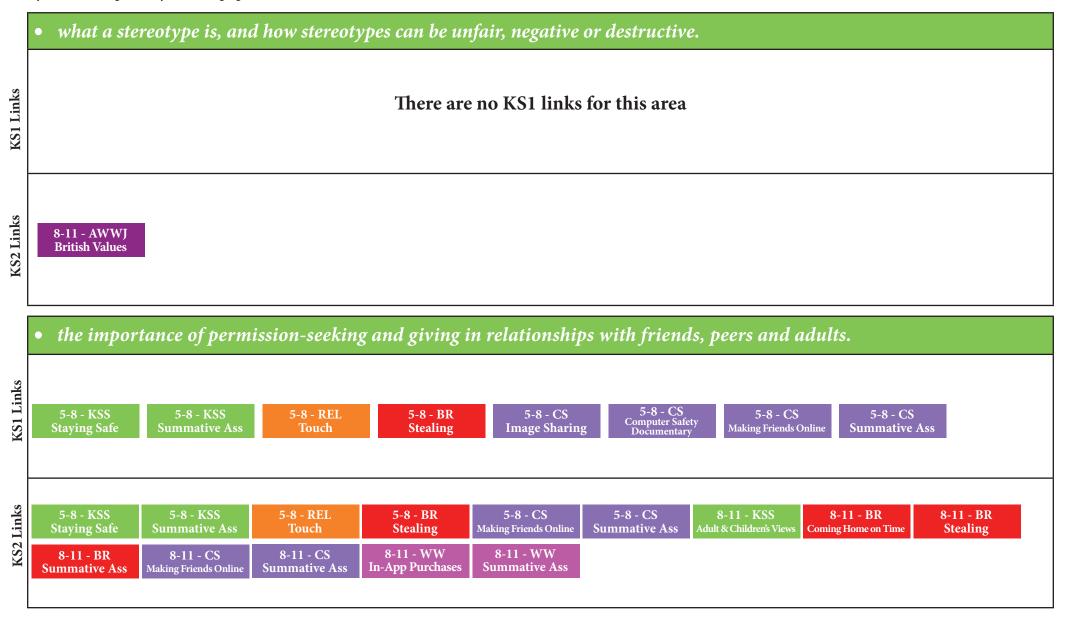
• that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.



• about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.

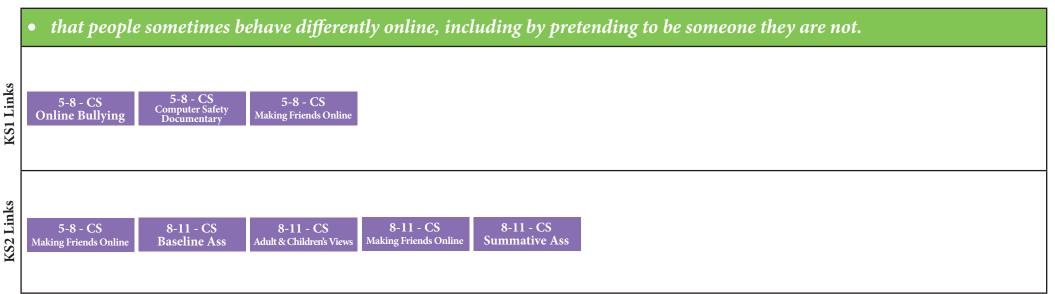


Relationships Education: Key stages 1 and 2 Topic 3: Respectful relationships

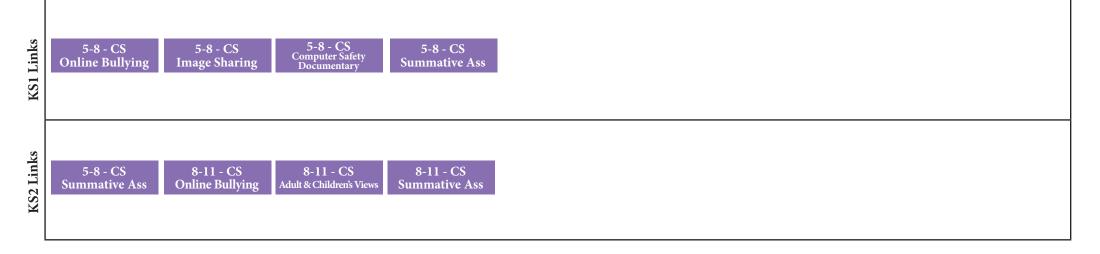


Relationships Education: Key stages 1 and 2 Topic 4: Online relationships

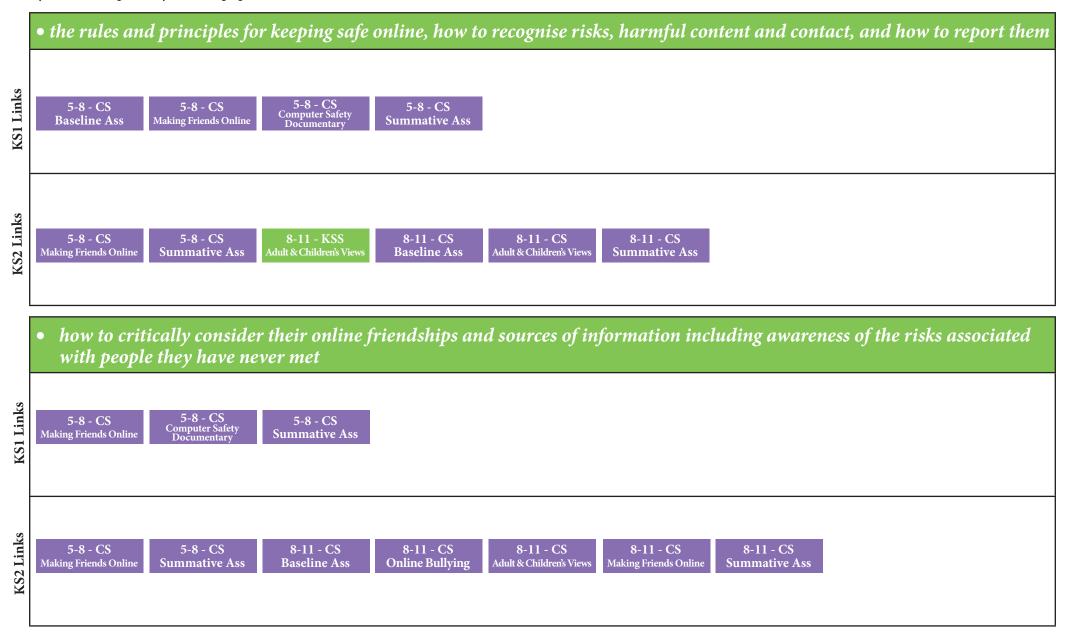
By the end of primary school, pupils should know:



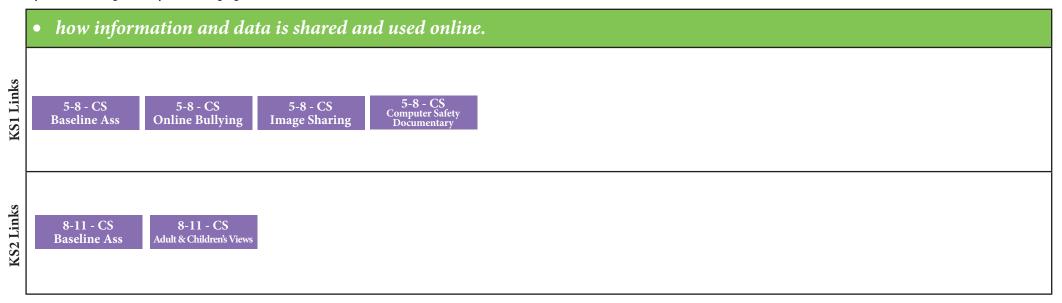
• that the same principles apply to online relationships as to face-to- face relationships, including the importance of respect for others online including when we are anonymous



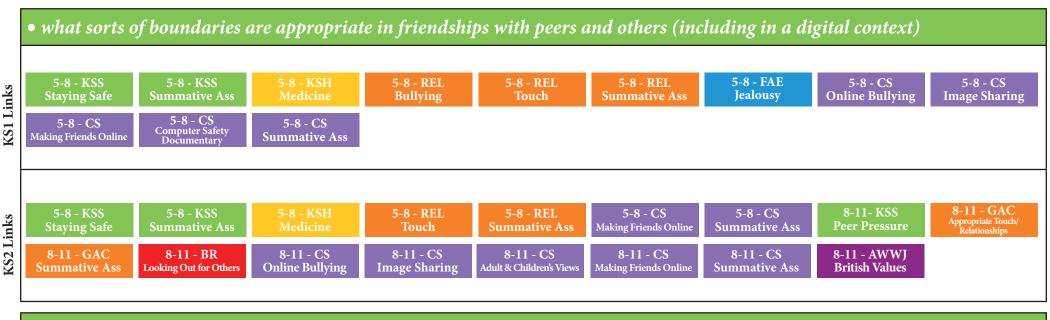
Relationships Education: Key stages 1 and 2 Topic 4: Online relationships



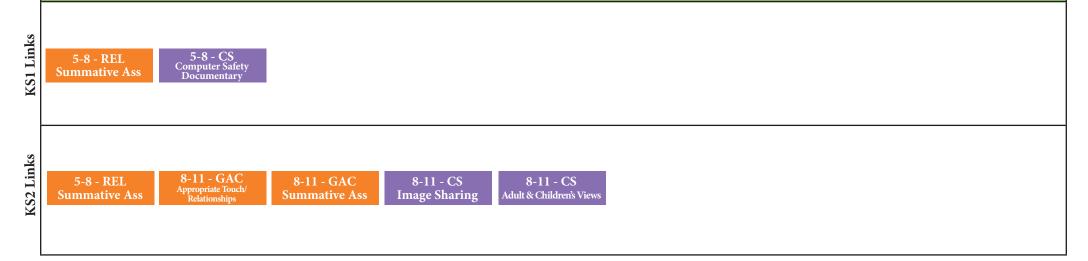
Relationships Education: Key stages 1 and 2 Topic 4: Online relationships



By the end of primary school, pupils should know:



• about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe

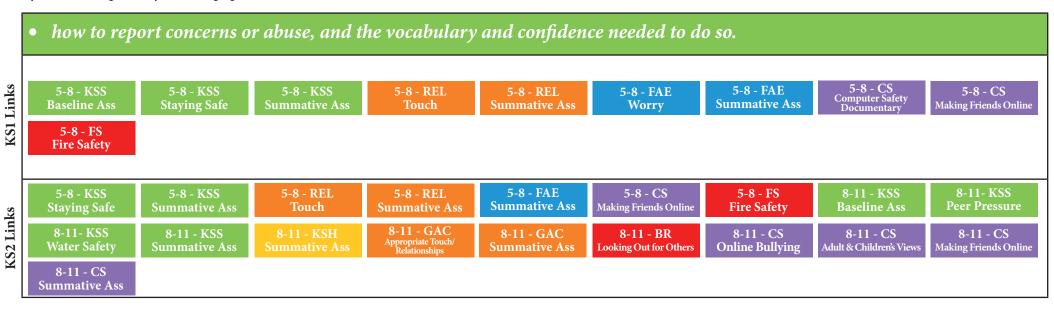


By the end of primary school, pupils should know:

• that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.

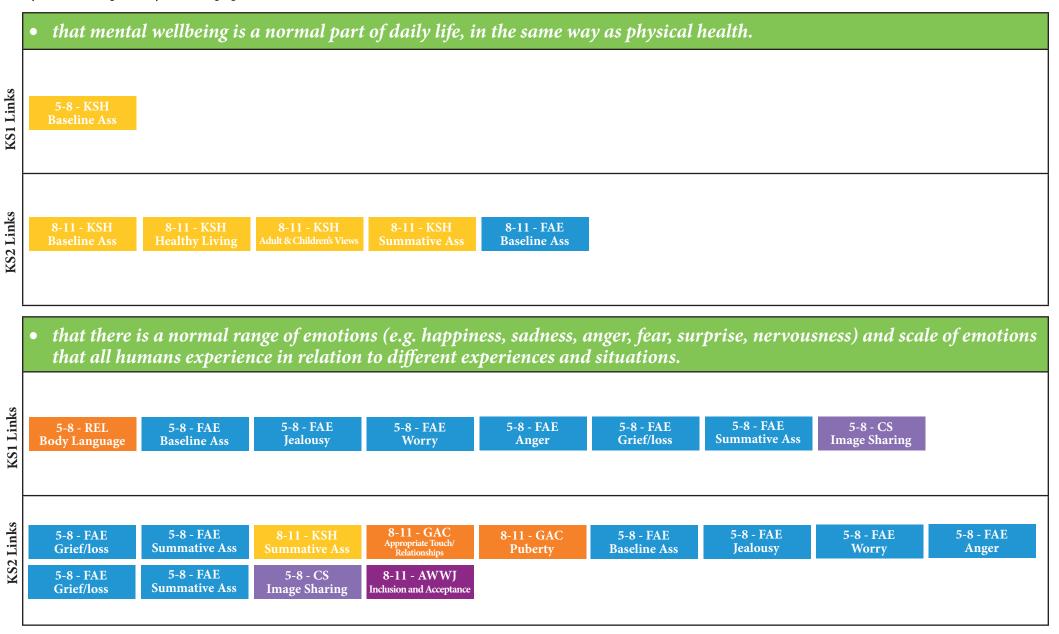






	• where to ge	t advice e.g. fa	mily, school ai	nd/or other soi	ırces.				
Links	5-8 - KSS Baseline Ass	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Baseline Ass	5-8 - FAE Worry	5-8 - FAE Summative Ass	5-8 - CS Online Bullying
KS1 Li	5-8 - CS Computer Safety Documentary	5-8 - CS Summative Ass	5-8 - HW Hazard Watch	5-8 - FS Fire Safety					
inks	5-8 - KSS Staying Safe	5-8 - KSS Summative Ass	5-8 - REL Touch	5-8 - REL Summative Ass	5-8 - FAE Summative Ass	5-8 - CS Making Friends Online	5-8 - HW Hazard Watch	5-8 - FS Fire Safety	8-11- KSS Peer Pressure
KS2 Lin	8-11- KSS Water Safety	8-11 - KSS Summative Ass	8-11 - KSH Summative Ass	8-11 - GAC Appropriate Touch/ Relationships	8-11 - GAC Puberty	8-11 - GAC Summative Ass	8-11 - BR Looking Out for Others	8-11 - CS Online Bullying	8-11 - CS Image Sharing
K	8-11 - CS Adult & Children's Views	8-11 - CS Making Friends Online	8-11 - CS Summative Ass	8-11 - FA First Aid - Year 5					

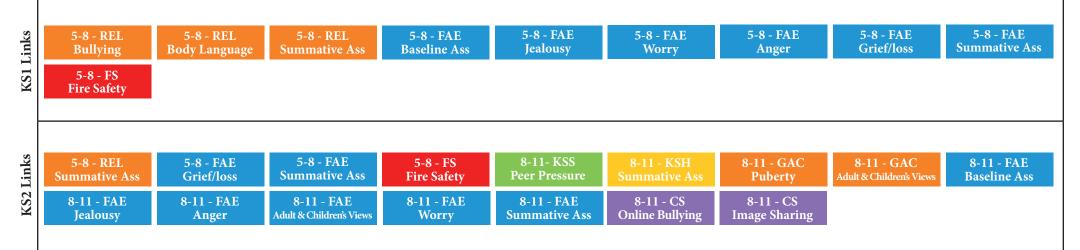
Topic 6: Mental wellbeing



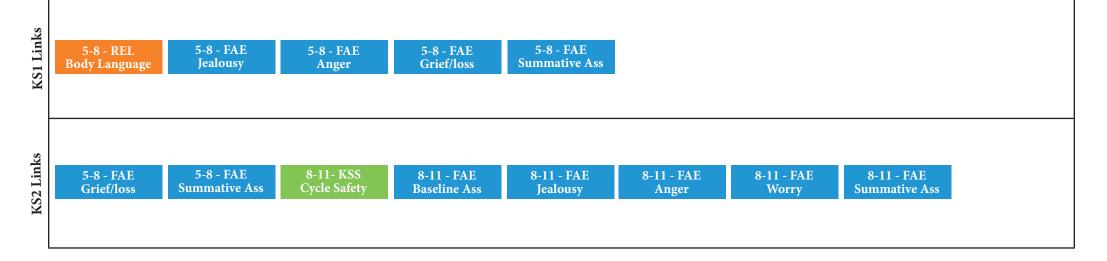
Topic 6: Mental wellbeing

By the end of primary school, pupils should know:

• how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings



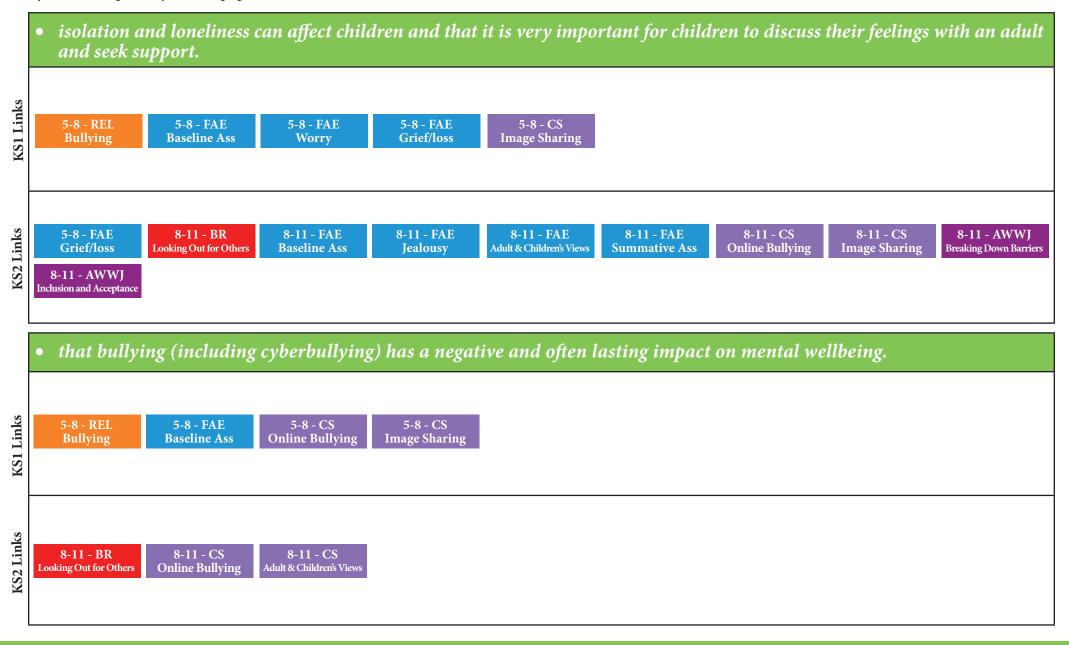
• how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.



Topic 6: Mental wellbeing

		s of physical e: and happiness.		outdoors, com	nunity partici	pation, volun	tary and serv	ice-based acti	vity on mental
KS1 Links	5-8 - KSH Baseline Ass	5-8 - KSH Summative Ass							
KS2 Links	5-8 - KSH Summative Ass	8-11 - KSH Baseline Ass	8-11 - KSH Healthy Living	<mark>8-11 - KSH</mark> Adult & Children's Views	8-11 - FAE Baseline Ass	8-11 - FAE Summative Ass	8-11 - WW Chores at Home	8-11 - AWWJ Breaking Down Barriers	
	• simple self- and interes		es, including t	he importance	of rest, time s	pent with frie	nds and famil	y and the ben	efits of hobbies
KS1 Links	5-8 - KSH Baseline Ass	5-8 - KSH Washing Hands	5-8 - KSH Brushing Teeth	5-8 - BR Practice Makes Perfect	5-8 - FAE Baseline Ass	5-8 - FAE Summative Ass			
KS2 Links	5-8 - FAE Summative Ass	8-11 - KSH Baseline Ass	8-11 - KSH Healthy Living	8-11 - KSH Adult & Children's Views	8-11 - GAC Adult & Children's Views	8-11 - FAE Baseline Ass	8-11 - FAE Worry	8-11 - FAE Summative Ass	8-11 - AWWJ Breaking Down Barriers

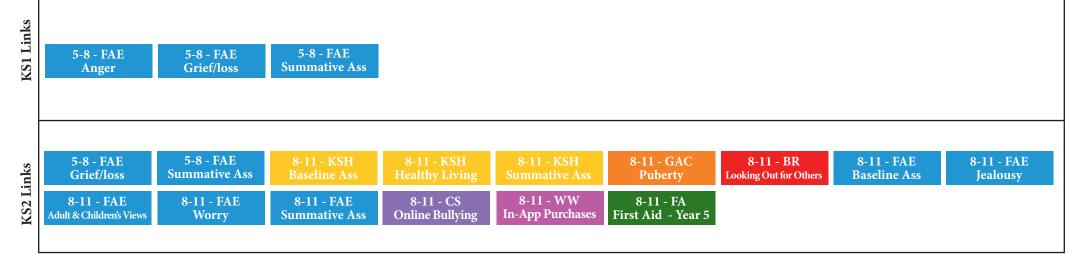
Topic 6: Mental wellbeing



Topic 6: Mental wellbeing

By the end of primary school, pupils should know:

• where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online).



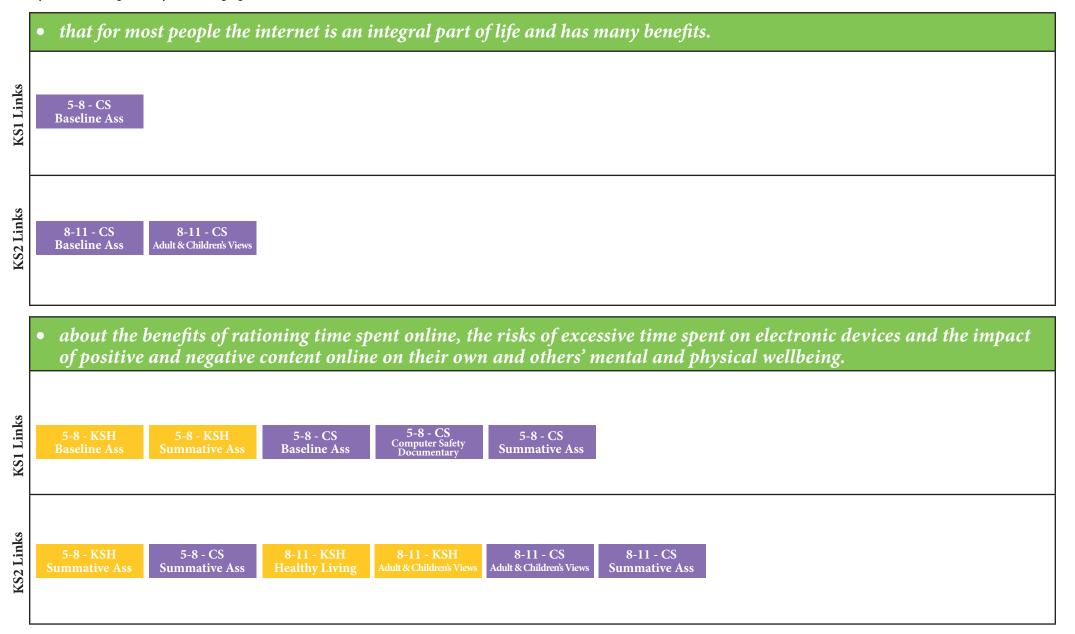
• it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.

There are no KS1 links for this area

8-11 - FAE 8-11 - WW Baseline Ass In-App Purchases

25

Topic 7: Internet safety and harms



Topic 7: Internet safety and harms

By the end of primary school, pupils should know:

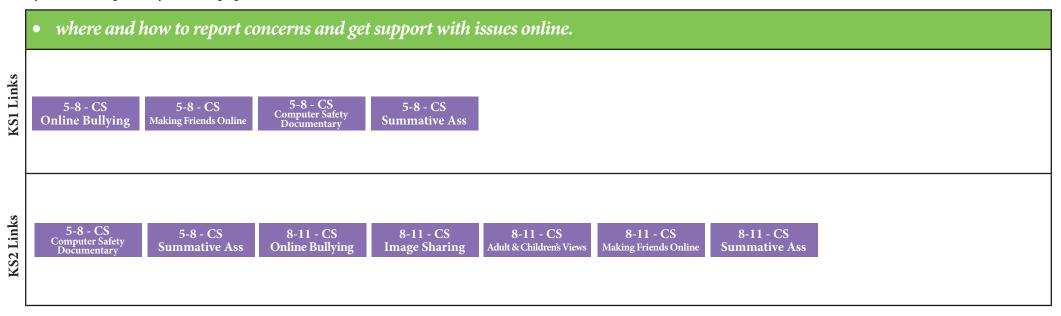
• how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.



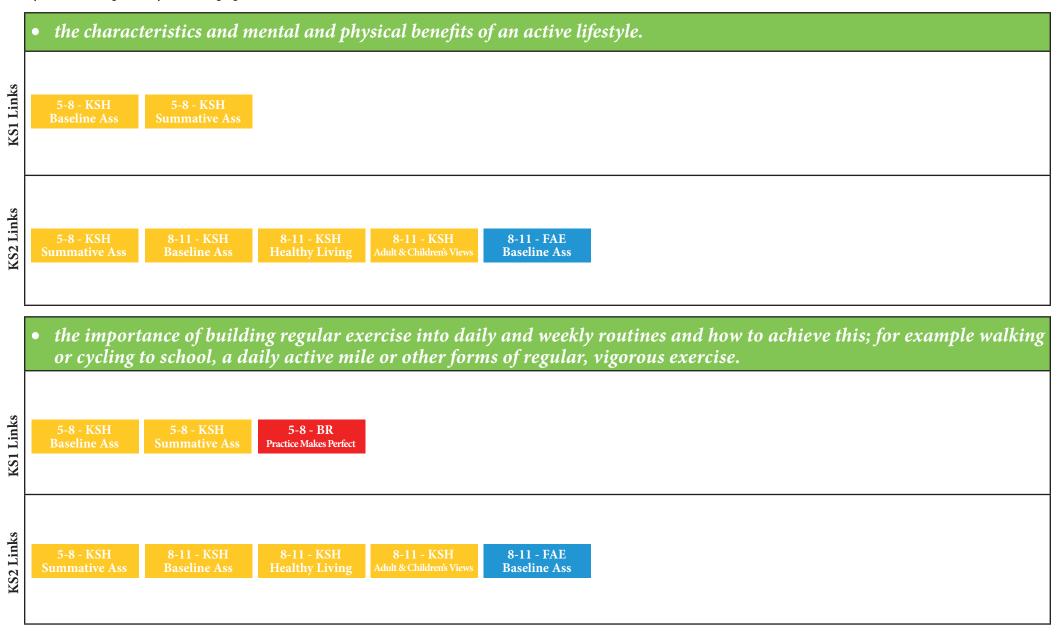
Topic 7: Internet safety and harms



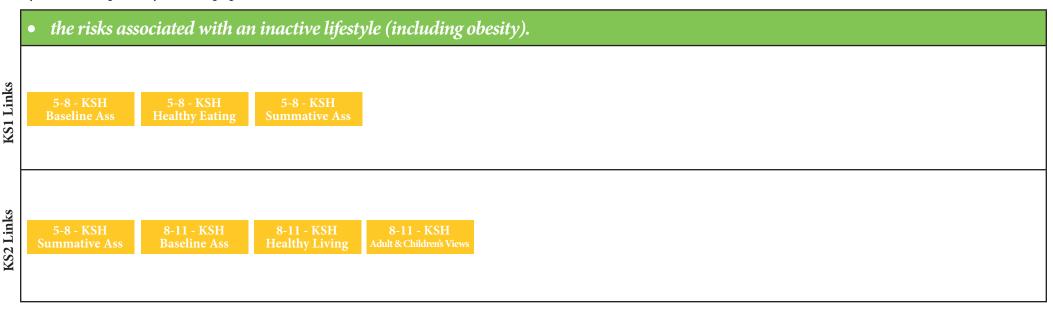
Topic 7: Internet safety and harms

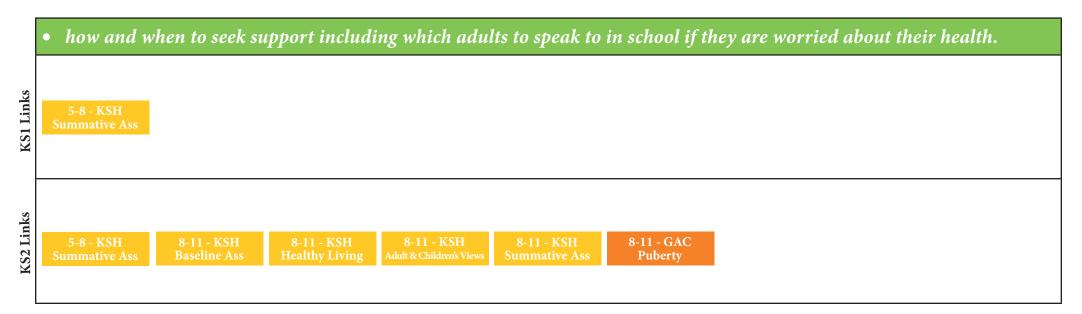


Topic 8: Physical health and fitness

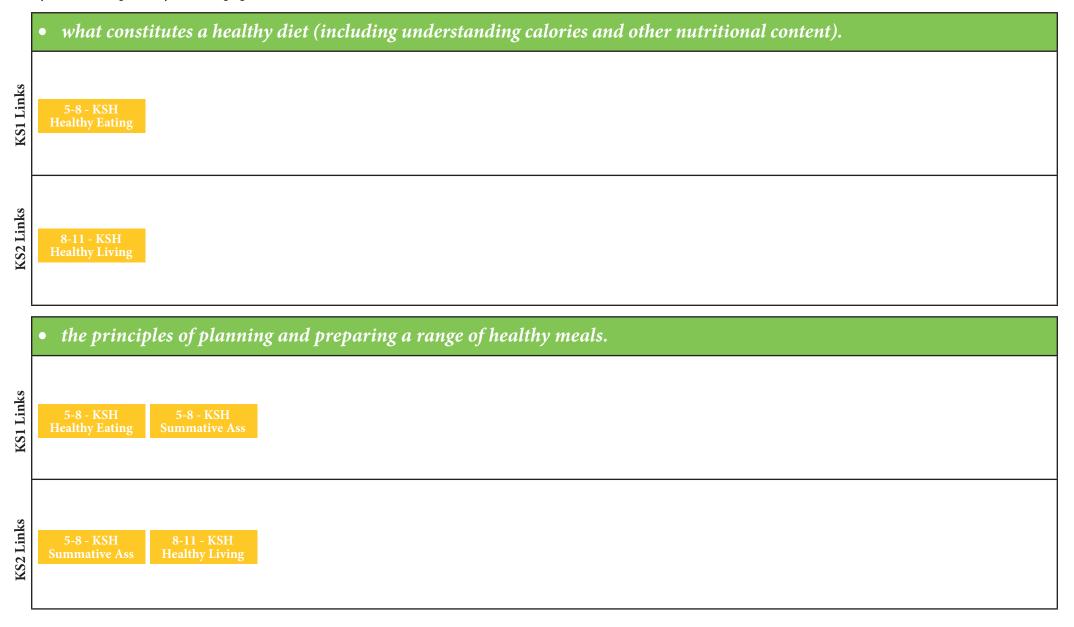


Topic 8: Physical health and fitness





Topic 9: Healthy eating



Topic 9: Healthy eating

By the end of primary school, pupils should know:

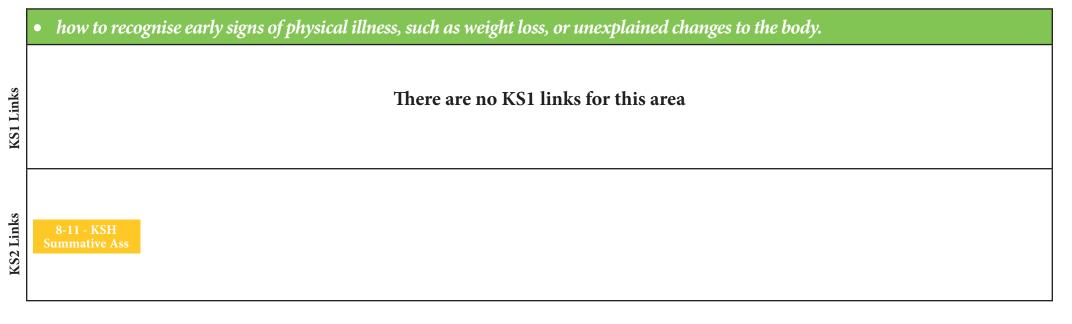
• the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health).

KS1 Links	5-8 - KSH Healthy Eating	5-8 - KSH Brushing Teeth	5-8 - KSH Summative Ass				
KS2 Links	5-8 - KSH Summative Ass	8-11 - KSH Baseline Ass	8-11 - KSH Healthy Living	8-11 - KSH Adult & Children's Views			

Topic 10: Drugs, alcohol and tobacco

	• the facts a	bout legal and	llegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.
KS1 Links	5-8 - KSH Medicine	5-8 - HW Hazard Watch	
KS2 Links	5-8 - KSH Medicine	8-11 - KSH Smoking	8-11 - KSH Alcohol/Drugs Summative Ass

Health Education: Key stages 1 and 2 Topic 11: Health and prevention

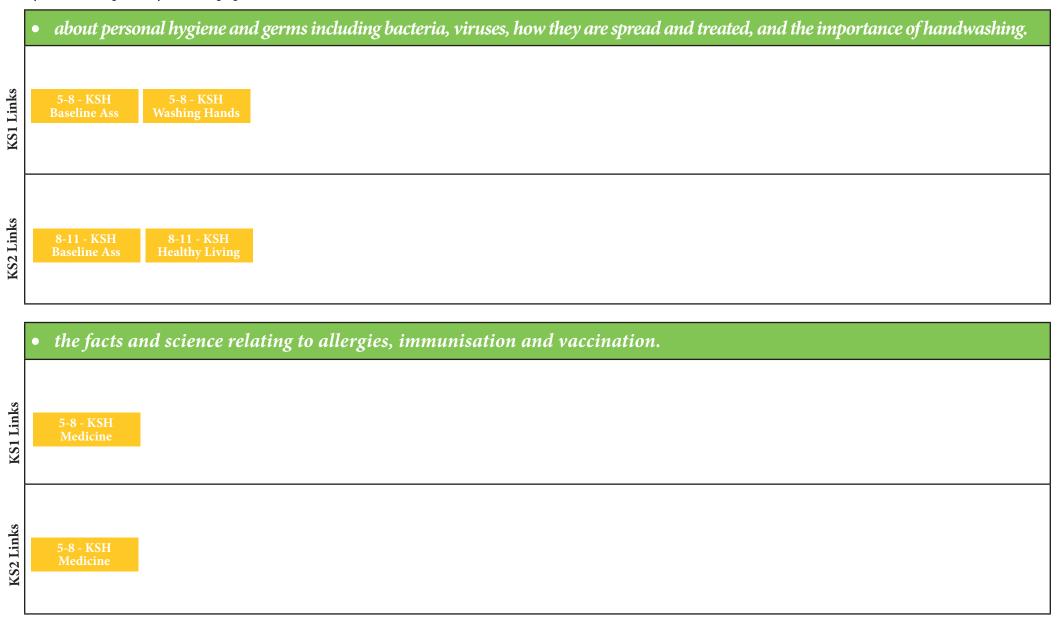


	about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer.	
KS1 Links	5-8 - KSS Baseline Ass5-8 - KSS Summative Ass	
KS2 Links	5-8 - KSS Summative Ass8-11 - KSH Summative Ass8-11 - KSH Summative Ass	

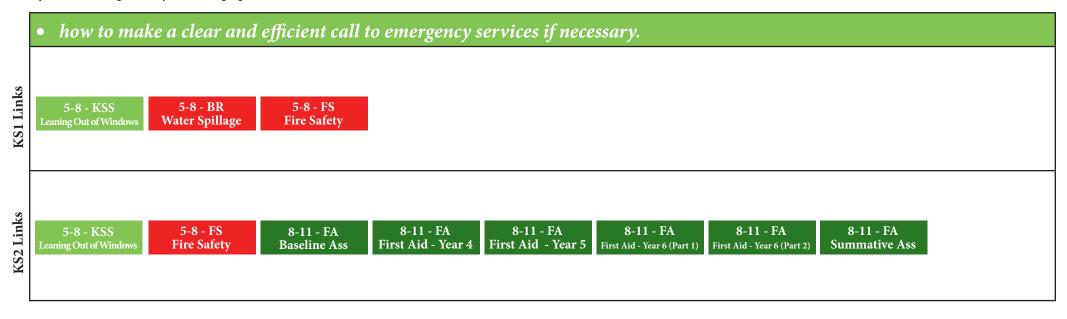
Topic 11: Health and prevention

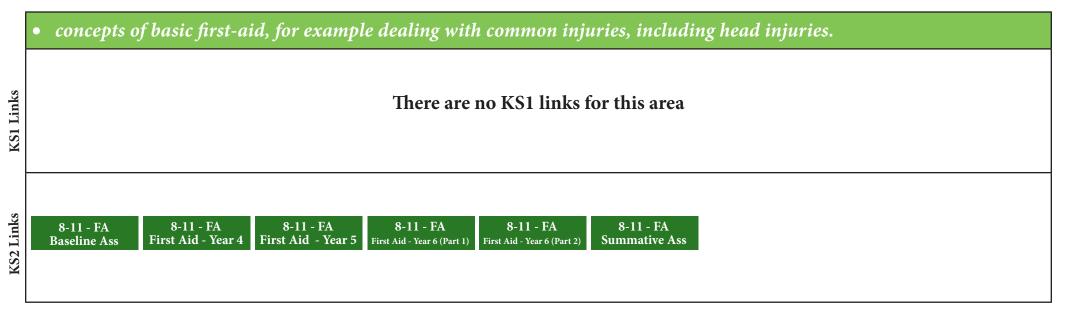


Health Education: Key stages 1 and 2 Topic 11: Health and prevention



Topic 12: Basic first aid





Topic 13: Changing adolescent body

	• key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.
KS1 Links	There are no KS1 links for this area
KS2 Links	8-11 - GAC Puberty8-11 - GAC Summative Ass
	• about menstrual wellbeing including the key facts about the menstrual cycle.
KS1 Links	There are no KS1 links for this area
KS2 Links	8-11 - GAC Puberty8-11 - GAC Summative Ass

Our 5-8 modules/topics

For more information on our resources, please visit: <u>www.1decision.co.uk</u>



Please note, we also cover many other areas of each topic. Contact 1 decision for more details.

Our 8-11 modules/topics

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