

Cycle B NC: Years 1/3/5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception Indoor	FMS- Fundamental Movement Skills	FMS- How to catch a star.	FMS- Superworm	FMS- Rosie's Walk	FMS- Hungry Caterpillar	FMS- Seaside
Years 1/2 Indoor	Year 1 FMS- Baseline unit- Lost and Found	Year 1 FMS- Overarm throw	Year 1 Dance Activities- Toy Story	Year 1 FMS- Catching and Bouncing a Ball	Year 1 Athletics- Honey Pot	Year 1 Gymnastics- Activities 1
Years 1/2 Outdoor	Year 1 FMS- Underarm throw		Year 1 FMS- Rolling a Ball	Year 1 Gymnastic Athletics 2	Year 1 Dance Activities- Three Little Pigs	
Year 3 Indoor/ Outdoor	Year 3 Invasion Games- Rugby	Year 3 Gymnastics Activities 1	Year 3/4 Dance- Ironman	Year 3 Invasion Games- Netball	Year 3/4 OAA- Trust and Trails	Year 3/4 Athletic Activities
Year 4 Swimming						
Years 5/6 Indoor	Year 5 Gymnastic Activities 2	Year 5/6 Invasion Games- Rugby 2	Year 5 Gymnastic Activities 1	Year 5/6 Dance- Food, Glorious Food	Year 5/6 Striking and Fielding- Cricket	Year 5/6 Striking and Fielding- Rounders
Years 5/6 Outdoor	Year 5/6 Invasion Games- Rugby 1		Year 5/6 Invasion Games- Netball	Year 5/6 Invasion Games- Hockey	Athletics	Year 5 Orienteering